

UBC Vancouver PEERS® CLINIC

SOCIAL SKILLS GROUP FOR TEENS WITH AUTISM SPECTRUM DISORDER (ASD)

PEERS® is an evidence-based intervention program that is designed to help teens **make** and **keep** friends

WHO:

- Teens with ASD between the ages of 13-18 with friendship difficulties
- Must be in Middle School or High School
- Average verbal/language ability
- Teens must be interested in joining and participating in the program, voluntarily
- A parent must be willing to participate in the program

WHEN & WHERE:

- Duration: 14 consecutive weeks
- Planned Day: Tuesday
- Time: 6:30 – 8:00 p.m. (1.5 hours total each Tuesday)
- Anticipated program start time: **February 2017**
- Location: Psychoeducational Research and Training Centre (PRTC) at The University of British Columbia

WHAT THE TEENS WILL LEARN:

- Appropriate conversation skills
- Finding common interests with peers
- Appropriate use of humour
- Entering and exiting peer conversations
- Handling teasing
- Choosing appropriate friends
- How to handle disagreements
- Good sportsmanship skills
- How to have a get together/hang-outs
- And much more!



COSTS:

- The program fee is \$1800 (includes the intake meeting and the 14-week intervention)
- **Provincial autism funding can be applied toward the fee.** A portion of the fee may be eligible for reimbursement through extended health care benefits

PROGRAM LEADERS:

- **Dr. Rashmeen Nirmal** is a Registered Psychologist and a certified PEERS® provider
- **Ms. Alyssa Altomare, M.Sc.**, is a psychology Ph.D. student and a certified PEERS® provider
- Additional information regarding the PEERS® program can be found here: www.semel.ucla.edu/peers

APPLICATION PROCESS:

- Please email Dr. Nirmal at dr.rashmeen.nirmal@gmail.com or telephone at 778-846-2126 with your interest and to schedule a 15-minute telephone screening interview
- Then, an in-person intake meeting will be scheduled at UBC to determine if the program is appropriate for you and your teen. If the program is a good fit, then you and your child will be enrolled in the program.
- **Space is limited. We look forward to hearing from you!**

